



MB1ST Solutions

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Display Screen Equipment

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Health and safety regulations surrounding Display Screen Equipment aim to protect employees working at desks, in front of computer screens, and those working with keyboards and monitors.

Employers are required by law to assess and reduce the risks of potential strains and stresses associated with DSE use.

They are also required to provide training to ensure a satisfactory working environment for their staff, helping to reduce back, neck and associated injuries.

Who is this training for?

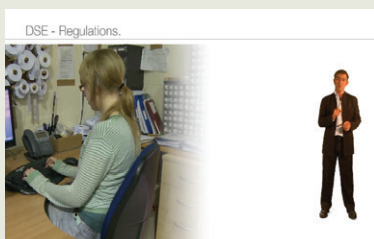
DSE stands for display screen equipment. Businesses who have staff working at a computer for more than one hour a day are legally required to provide training.

What does the course cover?

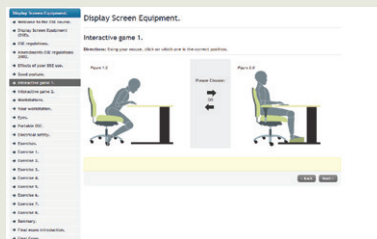
Incorrect use of DSE equipment can lead to repetitive strain injuries, head aches, eye strain and neck pain. The course shows how these type of injuries can be prevented and explains the correct working posture for DSE users, helping you comply with the law.

What is the benefit to my business?

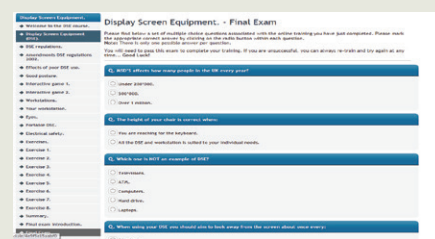
It is estimated that 1 million people in the UK suffer from a musculoskeletal disorder caused, or made worse, by their current or past work – some of those have led to compensation and insurance claims. Protect your business by protecting your staff.



Video Presentations.



Interactive games.



Final exam - certificates provided.

“The main risks that may arise in work with Display Screen Equipment are musculoskeletal disorders such as back pain or upper limb disorders (sometimes known as repetitive strain injury or RSI), visual fatigue, and mental stress.”

HSE Executive

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