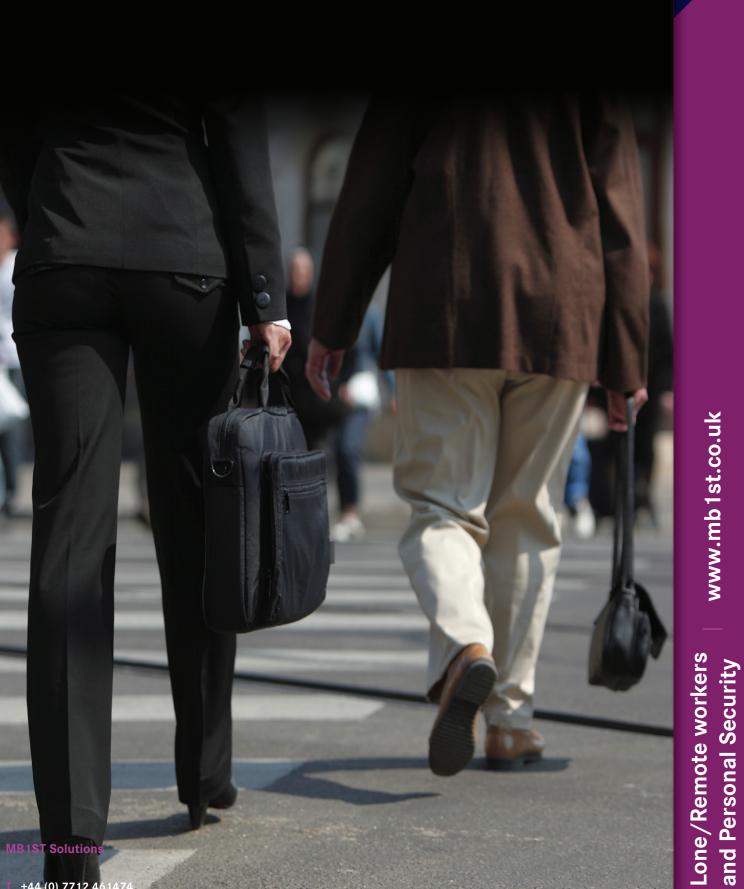




Lone/Remote Workers and Personal Security



MB1ST Solutions

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# Lone/Remote Workers and Personal Security



## T. +44 (0) 7712 461474

The Lone/Remote Workers and Personal Security course provides an overview of the risks faced by many of your employees on a day-to-day basis and a better understanding of the potentially vulnerable situations they are regularly exposed to.

A lone or remote worker may operate in a diverse range of job functions. When working alone it is vitally important that you plan ahead and take simple steps to keep safe and avoid potentially difficult situations. It is also important to ensure other people and colleagues, who may be concerned about your personal welfare and wellbeing, know where you are going on business and when you are due to return.

### Who is this training for?

Whether you are a sales representative visiting clients, a van driver delivering parcels, a nurse, doctor or carer providing home visits, or simply a home-based worker, this course will help you avoid being exposed to risk or put into any dangerous situations.

#### What does the course cover?

The course aids you through your working day, such as what to look out for when travelling in unfamiliar areas or staying away on business. It uses various techniques to ensure you avoid being put into any added or avoidable danger or risk.

### What is the benefit to my business?

If you and/or your staff are lone or remote workers, then by taking this course it will be possible to learn how to keep you and your employees as safe and risk free as possible in various planned or unavoidable situations.







and remote workers.	awareness for lone and remote workers Final Exam
<ul> <li>Welcome to the avarances more an ione and sensite workers.</li> </ul>	Please find below a set of multiple choice questions associated with the online training you have just completed. Rease mark, the appropriate correct answer by riskting on the walk builder water water.
Introduction on programmess for one and restants workers.	The vice s on year bit even to complete your training. If you are unsuccessful, you can always re train and by again at any mm Second Look
• The journey.	Q, If you feel threatened on anneal at your location you should?
<ul> <li>Interactive game 1.</li> </ul>	
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• Arrhal at your location.	O Lock yourself in your car and hide.
<ul> <li>Arrival at apprintments and your house.</li> </ul>	① theit cost a quickly as possible and Hide.
e Interactivo game 2.	
e If an incident occurs.	Q, When hearing your redship, you should keep expensive items in:
· archdeg back at pour which	O research formal
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· Using public transport.	C Each sent of vehicle.
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· introduction to final exam.	
• Final Eases	Q, White arong slow in sow moving traffic ensure which of the tolowing?
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Video Presentations.

Interactive games.

Final exam - certificates provided.

"Thousands of people face the risks on a day to day basis from being a lone or remote worker without really understanding the potentially vulnerable situations to which you may be exposed to".

HSE - Health Safety Executive

#### **MB1ST Solutions**

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