![MB1st Solutions - Health and Safety logo]

mB1st SOLUTIONS HEALTH AND SAFETY

All businesses employing staff who work at height are required to provide training to help prevent falls and reduce the risk of falls.

From selecting the right equipment for the right job to ensuring your employees are aware of the risks and how they can be reduced, this course also spells out your responsibilities as an employer.

The training is also for the self-employed and contractors, with the relevant law applying to any workplace where there there is potential for injury from falling.

Who is this training for?

Whether your staff are required to use a step-ladder to reach files, stack shelves or even work on scaffolding on a construction site, this training is required for any business where employees are required to work at height.

What does the course cover?

The roles and responsibilities of employers and how to take the right steps to avoid and reduce the risks of falls in the workplace are key content in this training. It also focuses on the selection of the correct equipment and its safe use, from ladders to guardrails.

What is the benefit to your business?

Focusing on the Work at Height Regulations introduced in 2005, the training helps employers and business owners comply with health and safety regulations while protecting staff from injury through a fall while at work.
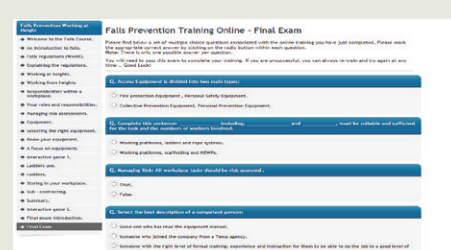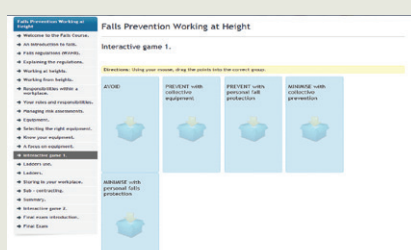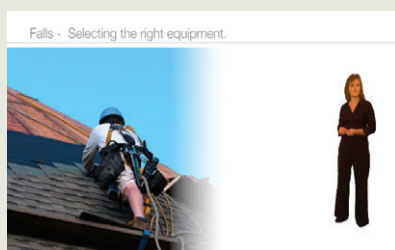
Video Presentations.

Interactive games.

Final exam - certificates provided.

"Falls from height remain the most common cause of workplace fatality. In 2008/09 there were 35 fatalities, 4,654 major injuries and a further 7,065 injuries that caused the injured person to be off work for over 3 days or more, due to a fall from height."

HSE Executive

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