



MB1ST Solutions

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Basic Ladder Awareness



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This course looks at the Work at Height Regulations (WAHR) which were introduced in 2005, which aimed to reduce injuries and fatalities whilst using ladders.

Employers and those in control of any work at height activity must make sure work is properly planned, supervised and carried out by competent people.

Employees have general legal duties to take reasonable care of themselves and others who may be affected by their actions, and to co-operate with their employer to enable their health and safety duties and requirements to be complied with.

Who is this training for?

If you or your staff use Ladders regularly then this course will guide you in setting up Ladders correctly and to know what the difference of inspections and checks to your ladders.

What does the course cover?

If your ladder is not inspected or checked properly at the right times then someone could be seriously injured or even killed! Do you know what to look for if there are defects in the ladder. Do you know what legislation to follow? Then don't worry at this course covers it all.

What is the benefit to my business?

On average 14 people die from using ladders every year and thousands are injured because of either poor training or poorly maintained ladders. By taking this course you will know how to set up, use and store your ladders in your workplace.

Basic Ladder Awareness - Directive Key Requirements.

Classification	Weight	Maximum Static Vertical Load	Application	Symbol
Class I	135kg	175kg	Industrial	
Class EN331	115kg	150kg	Commercial	
Class II	95kg	125kg	Domestic	

The value of the safe working load is intended to cover the weight of a single person and their equipment and is also referred to as the 'Maximum Static Vertical Load'.

Video Presentations.

View Module interactive game 2.

Directions: Drag the correct card to the image that matches the description.

Interactive games.

Manage Answers for Question 1: Basic Ladder Awareness

Ladders in general are considered to be a fall risk.

Add Answer

Number	Answer	Correct	Lost	Down	Up	Down
1.	True	<input checked="" type="checkbox"/>	Lost	Down	Up	Down
2.	False	<input type="checkbox"/>	Lost	Down	Up	Down

Final exam - certificates provided.

“Falls from ladders account for an average of 14 deaths per year (averaged over 6 years) anyone at work who uses or specifies the use of ladders needs adequate information and training so that they understand their limitations and safe use.”

HSE Executive

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